



Keys to Spiritual Transformation

Educating Our Feelings

Luke 10:30-37 (ESV)

³⁰Jesus replied, "A man was going down from Jerusalem to Jericho, and he fell among robbers, who stripped him and beat him and departed, leaving him half dead.

³¹Now by chance a priest was going down that road, and when he saw him he passed by on the other side.

³²So likewise a Levite, when he came to the place and saw him, passed by on the other side.

³³But a Samaritan, as he journeyed, came to where he was, and when he saw him, he had compassion.

Luke 10:30-37 (ESV)

- 34** He went to him and bound up his wounds, pouring on oil and wine. Then he set him on his own animal and brought him to an inn and took care of him.
- 35** And the next day he took out two denarii and gave them to the innkeeper, saying, 'Take care of him, and whatever more you spend, I will repay you when I come back.'
- 36** Which of these three, do you think, proved to be a neighbor to the man who fell among the robbers?"
- 37** He said, "The one who showed him mercy." And Jesus said to him, "You go, and do likewise."

THE IMPORTANT PLACE AND INFLUENCE OF FEELINGS


**Feelings are central to our spiritual
formation in Christ.**

THE GLORY
OF GOD



FEELINGS MOVE OUR LIVES, FOR GOOD OR FOR BAD

**Feelings are essential to life.
Healthy feelings, properly ordered,
are essential to a good life.**



DESTRUCTIVE FEELINGS



Many of our destructive actions and interpersonal conflicts and strife find their source in destructive feelings.

James 4:1-2 (NASB)

¹What is the source of quarrels and conflicts among you? Is not the source your pleasures that wage war in your members?

²You lust and do not have; so you commit murder. You are envious and cannot obtain; so you fight and quarrel. You do not have because you do not ask.

DESTRUCTIVE FEELINGS – Cont'd



Proverbs (NASB) that illustrate destructive feelings.

10:12 Hatred stirs up strife, But love covers all transgressions.

11:12 He who despises his neighbor lacks sense, But a man of understanding keeps silent.

12:25 Anxiety in a man's heart weighs it down, But a good word makes it glad.

DESTRUCTIVE FEELINGS – Cont'd



Proverbs (NASB)

15:15 All the days of the afflicted are bad, But a cheerful heart has a continual feast.

17:22 A joyful heart is good medicine, But a broken spirit dries up the bones.

21:17 He who loves pleasure will become a poor man; He who loves wine and oil will not become rich.

DESTRUCTIVE FEELINGS – Cont'd

Feelings have the ability to spread from one area of our life to another unless checked.





FEELINGS IN THE SPIRITUALLY TRANSFORMED PERSON

Hope and Faith

Love, Joy and Peace

LOVE

What We Need To Do!

Recognize the reality of our feelings and agree to abandon the destructive one. Then seek the Lord to help us replace them with the good ones.