

The background of the slide is a blue-tinted photograph of a road sign. The sign is white with a blue border and contains the text "DON'T DRIVE UP" in large, bold, blue capital letters. The sign is mounted on a post and is slightly tilted. The background behind the sign shows a road and some vegetation, all in a light blue hue.

PRESENTING OUR BODIES TO GOD

What should we do in approaching the spiritual formation of our body?

We must release our body to *God*.



What should we do in approaching the spiritual formation of our body?

No longer idolize your body.

What should we do in approaching the spiritual formation of our body?

Do not misuse your body.

What should we do in approaching the spiritual formation of our body?

Care and honour the body properly.